

SIMCOE KART CLUB & TORONTO KART CLUB
DRIVER & MECHANIC TRAINING DAY ITINERARY

Schedule of Events - Saturday, April 17, 2010 at 3-S Go Karts in Sutton

**** RACER'S ITINERARY ****

- 7:45 – 8:45** REGISTRATION & CHECK IN.
PRE-TECH ALL GO KARTS.
- 8:45 – 9:00** INTRODUCE THE INSTRUCTORS.
- 9:00 – 9:15** SAFETY MEETING.
- 9:15 – 9:30** REVIEW THE RACING FLAGS.
- 9:30 – 10:15** INSTRUCTORS & RACERS WALK THE TRACK.
(Parents & Guardians are welcome to walk the track but NOT with the racers).

10:15 – 12:30

SPLIT GROUPS:

- NOVICE to North Track.
- JUNIOR & SENIOR ROOKIES to South Track.

ON TRACK SKILLS Including & Not Limited to:

- Process for Entering Pit Lane, Stopping Under Control,
- Loss of Brakes-Stopping, Cornering at Speed,
- Driving in Formation Lap, Mock Race Starts, etc.

12:30 - 1:00 LUNCH BREAK

- 1:15 - 3:30** ON TRACK EXERCISES as per above RESUME.
- 3:30 - 4:00** WRITTEN TEST.
- 4:00** PRESENTATION OF GRADUATION CERTIFICATES with PICTURES,
*RACING SUITS MANDATORY for pictures.
- 4:30 – 6:00** OPEN PRACTICE.

**** MECHANIC'S ITINERARY ****

- 10:00** ENGINE CLINIC.
- 11:00** CHASSIS & TIRE CLINIC.
- OPEN DISCUSSIONS and QUESTION PERIOD.

12:30 – 1:00 LUNCH BREAK.

ATTENTION ALL PARENTS, GUARDIANS & MECHANICS:

*Please get involved in the Training Day Activities. Please volunteer to flag a corner when you are available. The day will go much smoother and quicker when everyone lends a hand. Also, your driver will establish a comfort zone if they see you assisting and positioned around the track. Safety is first and foremost and your involvement is required to maintain our standards. **THANK YOU.***

The Simcoe Kart Club and the Toronto Kart Club Executives, Board of Directors and Instructors sincerely hope that all of you learn a lot, improve your skills, and enjoy your day with us.

SAFE RACING!!!